

Thomas Acworth

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Overview

Thomas Acworth is a criminal specialist. His practice encompasses general crime, regulatory crime and police law.

Proceeds of crime

Tom has dealt with a number of Proceeds of Crime (POCA) cases including:

R v K: POCA following conviction for Fraud. Extensive arguments on applicability of proportionality to benefit figure, valuation of total benefit and failure to take account of statutory surcharge.

R v K (and Others): POCA following convictions for organised theft. Contested benefit figure and applicability of assumptions based on Crown's acceptance of a limited basis of plea.

Recommendations

Thomas Acworth is a sought-after junior with notable expertise in criminal defence work. His caseload includes murders, fraud and sexual abuse matters.

Strengths:

- "He approaches cases forensically and achieves very good results."
- "He is very diligent."

Chambers UK 2025/Crime/Western Bar

Strengths:

- "He possesses skills way beyond his call."
- "Thomas is very hard-working and always in command of his brief."
- "Thomas is a fearless and determined advocate."

Chambers UK 2024/Crime/Western Bar

Strengths: "Thomas is a fearless advocate."

Chambers UK 2023/Crime/Western Bar

'Thomas is driven, focused and talented. He has precise attention to detail and a robust approach to advocacy.'

Legal 500 2025/ Crime (General and Fraud)/Leading Juniors/ Western Circuit

'Thomas is an extremely diligent practitioner with an extraordinary eye for detail and his knowledge is genuinely astounding. No stone is left unturned in his preparation and his advocacy is equally impressive.'

Legal 500 2024/ Crime (General and Fraud)/Leading Juniors/ Western Circuit

'He has an excellent court manner, very calm and controlled and his witness handling is absolutely superb. He isn't fazed by judges.'

Legal 500 2023/Crime (General and Fraud)/Leading Juniors/Western Circuit

'A barrister of great tenacity, very hard working and with an eye for detail. He shows a high level of dedication to his clients and is fearless and straight talking in his approach.'

Legal 500 2022/Crime (General and Fraud)/Leading Juniors/Western Circuit

"Words cannot explain how elated I am with the outcome today. I am ever so grateful. Wanted to express my deepest appreciation"

Client's email to instructing solicitor

"I am extremely grateful for the excellent work you have done on this case"

Email from instructing solicitor

"I've just had a chat with young Mr. F and he's asked me to pass on his sincere thanks for yesterday. In his words you were top dollar and really cool. Thank you for all your efforts in securing a great result for us"

Email from instructing solicitor

"I must say he is absolutely amazing at what he does, firm when he needs to be (and he needed to be with me) and so incredibly quick thinking when he is in court"

Client's email to instructing solicitor

Academic qualifications

- BPTC (Kaplan)
- LLB (Newcastle University)

Scholarships

- Academic Scholar (Canford School)
- The Luboshez Award (Middle Temple)
- Arnold and Porter Prize for Competition Law (N'cle)
- Pinsent Masons Prize for Public Law (N'cle)

• Cartmell Shepherd Mooting Prize

Professional bodies

- Criminal Bar Association
- Western Circuit