



Grace Holden

Year of Call: 2016

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Personal Injury

Grace Holden regularly appears in the County Court, representing both claimants and defendants in a range of personal injury matters. She has been noted by Circuit Judges for '*cross-examining skilfully and submitting persuasively*' and putting '*careful and considerate questions*'.

Her work includes:

- Trials in road traffic accident, occupier's liability and employer's liability cases. CCMCs for a range of multi-track cases.
- Interim applications; including strike-out, summary judgment and relief from sanctions.
- Drafting pleadings for both claimants and defendants.
- Advising on liability and quantum.
- Appearing on behalf of interested parties in Coroner's Inquests.
- Undertaking work as part of public inquiries.

She has recently:

- Represented a claimant in an assault at work case, achieving settlement by JSM for a sum worth in excess of £150,000.
- Represented a claimant in a noise-induced hearing loss claim.
- Drafted pleadings for a claimant in a public liability claim involving complex physical and psychological injuries.

Grace also has significant experience of handling fundamental dishonesty cases, representing both claimants and defendants. She has:

- Achieved the withdrawal of claims on multiple occasions after her cross-examination of the claimant.
- Achieved a finding of fundamental dishonesty against three claimants, held to be jointly liable for costs.
- Negotiated the withdrawal of claims at the outset of the hearing on favourable terms.

Grace was previously instructed as the Junior Legal Adviser to the Independent Inquiry set up to review the circumstances surrounding the malpractice of surgeon Ian Paterson.

Recommendations

Grace Holden is building a strong employment practice, regularly representing claimants and respondents in the Employment Tribunal.

Strengths: "Grace is an effective and solicitor-friendly barrister who balances between identifying all key issues and being pragmatic. She understands the commercial issues and has the bigger picture in mind."

"Grace has great technical ability and has excellent attention to detail. She is a good advocate and a pleasure to work with."

"Grace dissects and clarifies the relevant legal issues and claims, which leads to commercial settlements."

"Grace grasped the issues and worked with me and the client to identify appropriate next steps. Grace presents well before the judge."

Chambers UK 2025/Employment/Leading Juniors/Southern Eastern Circuit

Grace Holden is known as 'a safe pair of hands' and has an excellent track record in advising on employment issues.

'Grace is always well-prepared with a keen grasp of the issues in the case. She is proactive in preparations for any hearing and is always available to discuss matters. Her advocacy is impressive and well-received by clients.'

Legal 500 2025/Employment/Leading Juniors/Southern Eastern Circuit

'Grace is a very calm and intelligent barrister. She's well prepared for hearings and deals with witnesses well. Grace can be trusted to handle any type of employment tribunal claim.'

Legal 500 2025/Employment/Leading Juniors/Midland Circuit

Academic qualifications

- Bar Professional Training Course, City Law School, Outstanding, 2015-2016
- LLB Hons, University of Bristol

Scholarships

- Major scholarship and Duke of Edinburgh Entrance Award, Inner Temple, 2015

Professional qualifications & appointments

- BPTC

Professional bodies

- Employment Lawyers Association
- Industrial Law Society
- Personal Injuries Bar Association